

HOSA Basics

This information is taken from the *National HOSA Handbook, Section A.*

- **HOSA Colors**

- Navy Blue representing loyalty to the health care profession
- Maroon representing the compassion of the HOSA members
- Medical White representing purity of purpose

- **HOSA Uniform** is to be worn for all official HOSA functions.

- A navy blue blazer with the HOSA emblem on the left breast pocket
- Navy blue or white slacks or skirts -no shorts of any kind
- A white tailored blouse or shirt
- Dress shoes - navy, black or white
- HOSA pin on left lapel of jacket
- A navy blue or maroon tie for males
- Females may wear the HOSA neck scarf

- **HOSA Motto**

“The Hands of HOSA Mold the Health of Tomorrow”

The motto was adopted at the first HOSA National Leadership Conference in April, 1978, in Oklahoma City, Oklahoma. It was submitted by Florida HOSA. The original motto stated: “The Hands of Youth Mold the Health of Tomorrow.” In 1979, in Cherry Hill, New Jersey, the word “youth” was changed to “HOSA” in consideration of the postsecondary members.

- **HOSA Slogan**

“Health Science and HOSA; A Healthy Partnership”

- **HOSA Publications**

- *HOSA Magazine*-Fall and Spring Issues available on the website.
- *HOSA National Handbook*-first published in 1982. Available through HOSA Related Material Service at National HOSA (1-800-321-HOSA). Also mailed out with affiliation packet this year.
- HOSA National Leadership Conference Guide-mailed out with registration for National Leadership Conference.

- **HOSA Theme**

The theme is selected by the delegate assembly at the National Leadership Conference in June each year. Please see the “National HOSA” section of this *Handbook* for the current year’s theme.

- **HOSA Creed**

The creed was adopted at the third National Leadership Conference in 1980, in Asheville, North Carolina. The creed was submitted by South Carolina HOSA.

- I Believe in the Health Care Profession
- I Believe in the profession for which I am being trained; and in the opportunities which my training offers.
- I Believe in education.
- I Believe that through education I will be able to make the greatest use of my skills, knowledge and experience in order to become a contributing member of the health care team and of my community.
- I Believe in myself.
- I Believe that by using the knowledge and skills of my profession I will become more aware of myself. Through fulfilling these goals, I will become a more responsible citizen.
- I Believe that each individual is important in his or her own right; therefore, I will treat each person with respect and love. To this end, I delegate my training, my skills and myself to serve others through Health Occupations Students of America.

- **HOSA Emblem**

The first official HOSA emblem was adopted at the first National Leadership Conference in Oklahoma City, Oklahoma in April, 1978. The design was submitted by Tennessee HOSA.

The **circle** represents the continuity of health care.

The **triangle** represents the three aspects of mankind: social, physical and mental wellbeing.

The **hands** signify the caring of each HOSA member.

