

# LET'S GET STARTED

**We're glad that you decided to participate in HOSA! Work to develop a good strong local chapter before you get your students involved in too many activities. Here are some suggestions on how to get started:**

- Start by working with your students to learn everything there is to know about HOSA. Explain the history of HOSA. Teach the students about the emblem, the creed, the motto, the uniform and the colors of HOSA. Learn the theme for this year. Test them on the information. Get them excited about belonging to a health care organization. Use this *Handbook* and the *National HOSA Handbook* as your references for information about HOSA.
- Log onto the Internet ([http:// www.hosa.org](http://www.hosa.org)) to see what is new at HOSA. There you will find information about National HOSA, "What is HOSA?" and much more. Allow students to access the website. There they can also read the Spring or Fall magazine. Give them the address so they can access it at home.
- Show HOSA videos. Students will enjoy them. (See "Where Do I Begin?" section of this *Handbook* on how to order videos.)
- Teach your students leadership skills. Use the *National HOSA Handbook*, Section C to get started. Also, the Oklahoma Department of Vocational and Technical Education publishes a student workbook and instructors copy of *Learn Grow Become*. Contact the Curriculum and Instructional Materials Center at 1500 West Seventh Avenue, Stillwater, Oklahoma 74074-4364 or call (1-800-654-4502). Don't forget that the *Resource Kit for Diversified Health Occupations* has leadership activities with a lesson plan.
- Introduce your students to basic Parliamentary Procedure. Use Parli Pro in your classroom meeting. *Robert's Rules of Order, Newly Revised*, is the absolute authority; however, *Learn Grow Become* and *The Resource Kit for Diversified Health Occupations* will give you lesson plans and basic information. Additional Parliamentary Procedure instructional materials may be purchased from the Parliamentary Procedure Instructional Materials Center (1-800-863-2256).
- Elect chapter officers. Be creative to accommodate the type of scheduling your school uses. Some advisors elect officers from each class; others may elect officers to represent the entire chapter. Before the elections guide your students to get away from popularity contests by emphasizing characteristics of good leaders. Allow your officers time to meet so they can plan chapter activities. The *National HOSA Handbook*, Section C, lists officer's duties, etc.

- Now that you and your students are comfortable with the organization of HOSA, leadership, parliamentary procedure and chapter officers, you should begin by setting some goals for your chapter. Meet one goal at a time by planning one activity at a time. You and your officers decide how often to have an activity and which activity suits your chapter. Check out the HOSA Chapter Activities page in this *Handbook* for some suggested HOSA activities. Don't forget that HOSA relates to your curriculum. Allow students to do as much as possible so they are developing leadership skills needed for the future.